



sunlighten.com

"If you want to live well, you need to use a Sunlighten sauna. An infrared sauna will help you maximize your metabolism, remove toxins, and reduce inflammation and soreness. An infrared sauna is a great secret to extraordinary physical health."

-Jorge Cruise

Health Expert & Best-Selling Author



"Infrared saunas are the most efficient for detox. They penetrate more deeply below the skin than the heat of a regular sauna, exciting the fat molecules to vibrate and enabling them to release toxins. My favorite far infrared saunas are the Sunlighten saunas because I believe they have the best technology and quality. I have one at home and use it every day."

-Dr. Alejandro Junger

Cardiologist & Creater of the Clean Program

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ABOUT OUR COMPANY

The Sunlighten Vision

We are committed to innovating wellness products and services that empower you to improve your quality of life. As the company of choice for businesses, consumers, and trusted experts, Sunlighten welcomes you to our growing global community. We want to make a difference. That's what drives us.

Our Promise To You

Sunlighten is committed to delivering effective, innovative, and affordable wellness products for healthier living. We want to be the clear choice for anyone seeking greater wellness and vitality—and we work hard every day to make each of our customers feel hopeful, valued, and connected to the Sunlighten family.

Crafted To Perfection

Unlike our competition, we do not purchase our saunas from a large, mass-production sauna factory. Instead, we source all raw materials and oversee all stages to a final product. The process of each Sunlighten sauna is a labor of love, performed by true craftsmen who focus on the natural beauty of hand-selected wood, the precision of every cut, and the detail of three separate quality checks before it is carefully delivered to your door.

Quality, Non-Toxic Materials

Extensive third-party testing has been conducted to ensure Sunlighten saunas are made with safe, non-toxic materials. Our SoloCarbon contain a proprietary blend of FDA-approved materials and are heat-sealed to withstand temperatures above and beyond the operating temperature to ensure no unhealthy gases are released during heating.

#1 Doctor & Consumer Recommended Brand

Only Sunlighten saunas are medical-grade, clinically backed, and proven 95-99% effective. This is why Sunlighten is used and recommended by more health experts and consumers over any other sauna brand.

Established & Proven Leader

We are the leaders in the infrared sauna industry; in business to help others through continued technological innovation, superior product quality, and unsurpassed customer service. Sunlighten has won numerous awards including CES Innovation Award, KC Chamber's Small Business of the Year, and Entrepreneur Magazine's HOT 100.

FOR PRICING, CALL **877.292.0020** OR VISIT **SUNLIGHTEN.COM**



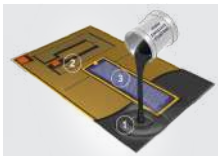
Infrared Light

Infrared light (experienced as heat) is the natural radiant heat emitted by the sun. It is 100% safe and even used to warm premature babies. Picture yourself feeling the sun's rays on a warm day. That is what it is like to be in a Sunlighten sauna. This comforting heat warms you from the inside, for a deep and detoxifying sweat.



Infrared Is Not Created Equally

All saunas get hot and you will probably sweat as a result, but it is not necessarily a detoxifying sweat. Sunlighten's patented infrared technology offers the highest dose of infrared energy into the body. This significantly quickens the detoxification process by raising the body's core temperature and heating the tissues several inches deep causing cells to vibrate. It is the only sauna clinically shown to raise core body temperature by 2 to 3 degrees vs. simply heating the air around the body.

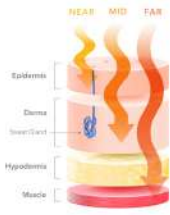


Patented SoloCarbon® Far Infrared

Sunlighten SoloCarbon far infrared heating panels are the most effective far infrared sauna heaters on the market today. Scientific research shows that far infrared is most therapeutic in high concentrations. SoloCarbon panels are proven 99% emissive, meaning that 99% of the energy being produced is in the therapeutic range to increase core body temperature for a deep, detoxifying sweat. This is the active ingredient that has been clinically shown to lower blood pressure, aid in weight loss, and support detoxification.

SoloCarbon 3 in 1® Infrared

Research shows that specific parts of the infrared spectrum are effective at producing different health benefits. Our patented SoloCarbon 3 in 1 infrared heaters have three separate heating elements to emit near, mid, and far infrared at peak wavelengths. This allows you to personalize each session to your needs. Other manufacturers may claim to provide full spectrum infrared, but their heaters simply don't have the technical capability to deliver on that promise.



HEALTH BENEFITS

NEAR INFRARED

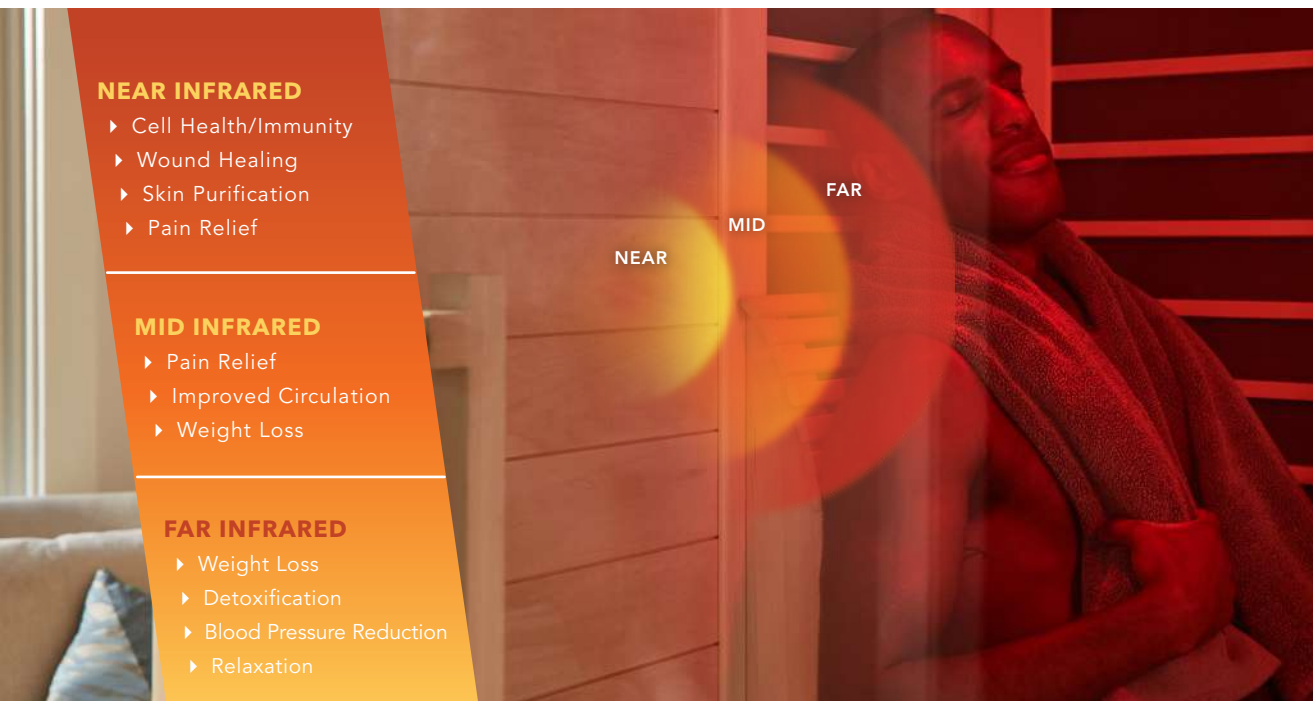
- ▶ Cell Health/Immunity
- ▶ Wound Healing
- ▶ Skin Purification
- ▶ Pain Relief

MID INFRARED

- ▶ Pain Relief
- ▶ Improved Circulation
- ▶ Weight Loss

FAR INFRARED

- ▶ Weight Loss
- ▶ Detoxification
- ▶ Blood Pressure Reduction
- ▶ Relaxation



Detoxification

Sweating is the body's safe and natural way to heal, stay healthy and detoxify. In a Sunlighten sauna, the average person sweats out 20% toxins and 80% water, while in a conventional sauna, the average person only sweats out 3% toxins and 97% water.



Weight Loss

Studies have shown an infrared sauna session can burn up to 600 calories. As the body works to cool itself, there is a substantial increase in heart rate, cardiac output and metabolic rate. Sunlighten saunas showed a reduction in belly fat in just a three month period.



Relaxation

With the most effective SoloCarbon heat, we can deliver the ultimate therapeutic experience. Our saunas will help you relax in comfort with an invigorating sweat that will have you feeling stress-free with each session.



Muscle Recovery

Naturally increases circulation, helping your muscles get the oxygen and nutrients it needs. Utilizing near, mid, and far infrared waves, Sunlighten saunas can actually help you repair your muscles faster.



Pain Relief

Clinical research on pain has shown evidence of heat responsive pain or HRP, which encompasses several common pain conditions that can be specifically treated with the use of our infrared therapy.



Blood Pressure Reduction

Sunlighten's SoloCarbon heaters were shown in a clinical study by the University of Missouri-Kansas City in 2005, to lower blood pressure from a 30-minute infrared sauna session three times per week.



Improved Circulation

Sunlighten saunas heat your muscles with infrared rays and produce an increase in blood flow similar to regular exercise. Blood flow during infrared sauna use has been reported to rise from a normal rate of five to seven quarts per minute, to as much as 13 quarts per minute.



Anti-Aging

A study showed significant improvements in skin appearance after just 12 weeks of sauna infrared therapy using near infrared technology. Participants experienced a reduction in wrinkles and crow's feet, as well as improved overall skin tone, including softness, smoothness, elasticity, clarity and firmness.



Wound Healing

Studies conducted by NASA concluded that near infrared LED light significantly promotes faster cell regeneration, wound healing and human tissue growth. Human cell growth increased by 155%-171% in some cases and wound size decreased by 36%.



Cell Health/Immunity

Sunlighten infrared therapy stimulates the circulatory system, which causes more toxins to flow from the cellular level to the skin's surface to improve cell health and strengthen the immune system.

mPULSE SERIES

A home sauna so smart, it's brilliant. The mPulse is the only true, full spectrum infrared sauna with SoloCarbon 3 in 1 heaters to emit near, mid, and far wavelengths at their peak. Personalize each session with the 3 in 1 Wellness Programs for detoxification, anti-aging, pain relief, cardio, weight loss, relaxation or custom. Chromotherapy comes standard in all Sunlighten saunas, providing added health benefits and harmony to your sauna experience.



mPulse eMPower pictured

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mPULSE SERIES FEATURES



MAGNE-SEAL™

1 Patented SoloCarbon 3 in 1 Infrared

Clinically-backed heaters deliver blends of near, mid, and far infrared for desired result; proven both safe and effective with 99% emissivity.

2 Near Infrared LEDs

Energize the cells with the vital wavelength of 880nm, as shown in scientific research for cell regeneration and anti-aging.

3 3 in 1 Wellness Programs

One touch programs emit the optimal blend of wavelengths to achieve detoxification, weight loss, pain relief, anti-aging, cardio, relaxation & custom.

4 Customizable Heaters

Choose to customize the infrared output of each sauna session to precisely target individual health results.

5 Carbonized Bamboo Heater Covers

Washable, anti-bacterial, eco-friendly, and emit infrared rays to grant full exposure.

6 10.1" Android-Powered Control Panel

One-touch access to sauna controls. High resolution screen provides a clear picture for media apps. Schedule mode allows multiple users to schedule sessions.

7 Certified Eco-Friendly Wood

Highest quality, environmentally responsible wood available in cedar, basswood and eucalyptus.

8 Built-In Media Apps

Stream music, watch a movie, or listen to your favorite wellness podcast while you are in your sauna.

9 Ergonomic, Floating Benches

Chiropractor consulted in design to reduce stress on the body; removable to create space for stretching or yoga poses.

10 Patented Magnetic Assembly

Prolong cabinetry, increase sturdiness, and assemble your sauna in a snap with our patented magnetic system. No visible clips or screws!

m PULSE SERIES



Basswood

aSPIRE

EXTERIOR

width 43.6 in.
depth 41.6 in.
height 78.5 in.
weight up to 570 lbs.
power 120v, 2160w, 20a

INTERIOR

37.8 in. W x 35.6 in. D x 71.5 in. H

BENCH

37.8 in. x 21.7 in. x 20.2 in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in: Euca-Cedar Hypoallergenic Basswood Eucalyptus



Basswood

bBELIEVE

EXTERIOR

width 51.7 in.
depth 47.6 in.
height 78.5 in.
weight up to 690 lbs.
power 120v, 2400w, 20a

INTERIOR

45.9 in. W x 41.6 in. D
x 71.5 in. H

BENCH

45.9 in. x 21.7 in. x 20.2 in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in: Euca-Cedar Hypoallergenic Basswood Eucalyptus



Eucalyptus

cCONQUER

EXTERIOR

width 70.6 in.
depth 47.6 in.
height 78.5 in.
weight up to 842 lbs.
power 240v, 3600w, 20a

INTERIOR

64.8 in. W x 41.6 in. D
x 71.5 in. H

BENCH

64.8 in. x 21.7 in. x 20.2 in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.



Available in: Euca-Cedar Hypoallergenic Basswood Eucalyptus



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Eucalyptus

DISCOVER

EXTERIOR

width 70.6 in.
depth 70.6 in.
height 78.5 in.
weight up to 1088 lbs.
power 240v, 4500w, 20a

INTERIOR

64.8 in. W x 64.6 in. D x 71.5 in. H

BENCH

64.8 in. x 21.7 in. x 20.2 in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Eucalyptus  Hypoallergenic Basswood  Euca-Cedar

eMPOWER

EXTERIOR

width 85.6 in.
depth 70.6 in.
height 78.5 in.
weight up to 1310 lbs.
power 240v, 4800w, 20a

INTERIOR

79.8 in. W x 64.9 in. D
x 71.5 in. H

BENCH

79.8 in. x 21.7 in. x 20.2 in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Eucalyptus  Hypoallergenic Basswood  Euca-Cedar



Eucalyptus

SIGNATURE SERIES

The Signature series is the safest and most effective far infrared sauna on the market with SoloCarbon technology – the ONLY far infrared technology clinically shown to lower blood pressure, increase core temperature, and aid in weight loss. As an added benefit, Chromotherapy comes standard in all Sunlighten saunas, providing added health benefits and harmony to your sauna experience.



Signature II pictured

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SIGNATURE SERIES FEATURES



1 Patented SoloCarbon Far Infrared Technology

Our clinically-tested SoloCarbon heaters are 99% emissive making it the most effective far infrared heater on the market – shown to lower blood pressure, increase core temperature and aid in weight loss.

2 Ultra-Low EMF Technology

Our proprietary heater design virtually eliminates all EMF and steel conduit electrical shielding making SoloCarbon heaters as safe as possible.

3 Patented Magnetic Technology

Prolong cabinetry, increase sturdiness, and assemble your sauna easily with our patented magnetic system.

4 Beautiful Craftsmanship

Solid tongue and groove construction, 33% thicker wood than the industry standard, and commercial grade for extra durability.

5 Deeper Benches

Benches are solid wood, 19.5" high and 20" deep; removable to allow full use of floor space for stretching or yoga poses.

6 Premium Blaupunkt Sound System

Blaupunkt media player sound system with Bluetooth, mp3 WMA playback, AM/FM, AUX, and USB/SD inputs with built-in speakers.

7 Soft Interior Lighting + Chromotherapy

Soft interior lights add an intimate ambiance plus Chromotherapy for added health and harmony.

8 Reservation Mode

Preset your sauna with a 36-hour programmable timer.

SIGNATURE SERIES



Basswood

SIGNATURE I

EXTERIOR

width 37.8 in.
depth 39.7 in.
height 77.7 in.
power 120v, 1350w 20a
heaters 8

INTERIOR

32.2 in. x 33.6 in. x 70.3 in.

BENCH

32.1 in. x 20.2 in. x 19.5 in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Hypoallergenic Basswood

 Cedar



Cedar

SIGNATURE II

EXTERIOR

width 50.9 in.
depth 45.9 in.
height 77.7 in.
power 120v, 2006w, 20a
heaters 9

INTERIOR

45.4 in. x 39.9 in. x 70.3 in.

BENCH

45.2 in. x 20.2 in. x 19.5 in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Hypoallergenic Basswood

 Cedar

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Basswood

SIGNATURE III

EXTERIOR

width 62.3 in.
depth 45.9 in.
height 77.7 in.
power 120v, 2250w, 20a
heaters 10

INTERIOR

56.8 in. x 39.9 in. x 70.3 in

BENCH

56.6 in. x 20.2 in. x 19.5 in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Hypoallergenic Basswood

 Cedar



Cedar

SIGNATURE IV

EXTERIOR

width 80.9 in.
depth 56.1 in.
height 77.7 in.
power 240v, 2750w, 20a
heaters 10

INTERIOR

74.8 in. x 50 in. x 70.3 in

BENCH

74.6 in. x 20.2 in. x 19.5 in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.

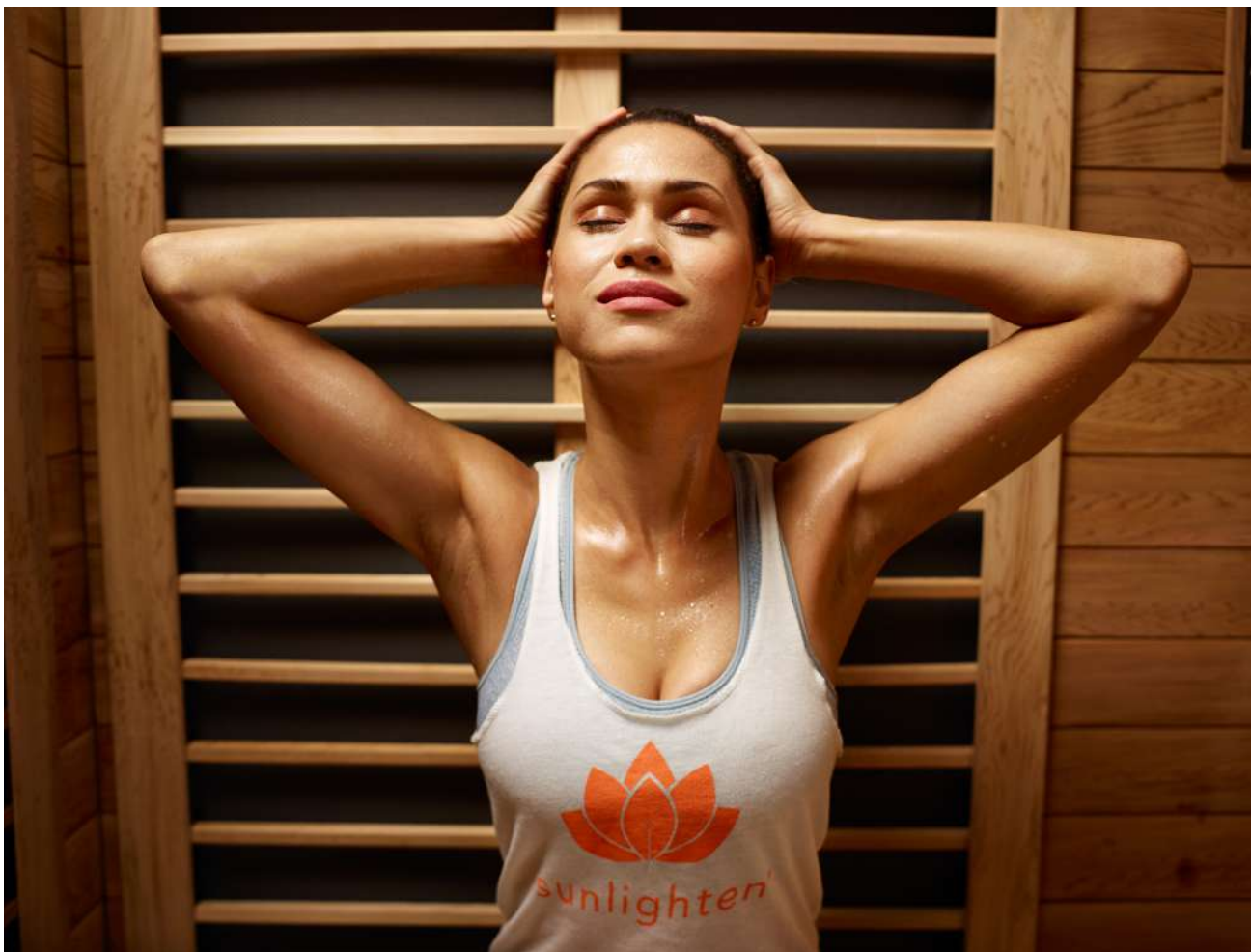


Available in:  Hypoallergenic Basswood

 Cedar

AMPLIFY SERIES

You want it hotter? We get it. The little time you get to focus on your wellness is precious, so every minute counts. You want all the benefits of full spectrum infrared *and* you want it hot. The Amplify II and III have all the same benefits as the Signature saunas, but with two full spectrum heaters. You'll get 165°F to sweat deep and sweat fast.



Amplify II pictured

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AMPLIFY II



EXTERIOR

width 50.9 in.
depth 45.9 in.
height 77.7 in.
power 120v, 1880w, 15.67a
heaters 6

INTERIOR

45.4 in. x 39.9 in. x 70.3 in.

BENCH

45.2 in. x 20.2 in. x 19.5 in.

AMPLIFY III



EXTERIOR

width 62.3 in.
depth 45.9 in.
height 77.7 in.
power 120v, 2020w, 16.83a
heaters 7

INTERIOR

56.8 in. x 39.9 in. x 70.3 in

BENCH

56.6 in. x 20.2 in. x 19.5 in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in the following wood types:



Hypoallergenic
Basswood



Cedar

SOLO SYSTEM

Looking for some alone time? Go Solo!

For a healthier, happier you, surround your body with the proven effects of SoloCarbon far infrared heat - the only infrared heater shown to lower blood pressure, increase core temperature and aid in weight loss. Lightweight and portable, the Solo System uses the same effective and safe, low EMF technology as our Signature line. Find solace with this personal, portable, affordable, and highly effective far infrared sauna.



Solo System

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Solo System Features:

- + Patented SoloCarbon clinically-tested heaters
- + Ultra-low EMF technology
- + Modern Bamboo Carbon exterior
- + Chromotherapy lighting
- + Zone-based digital heater controls
- + Double-dome, lightweight design
- + Exclusive SoloPad & pillow included

Modes of Use



Take comfort with the SoloPad®

The SoloPad features clinically-tested SoloCarbon heat in a full body pad for total body surround and ultra plush 3" memory foam for the most comfortable and effective sauna experience. Use with the Solo for soothing far infrared therapy anytime, anywhere.



SOLO

length	69.0 in.
width	28.0 in.
height	18.0 in.
weight	46 lbs.
power	120v, 1260w, 10.5a
heaters	5

SOLOPAD

length	74.0 in.
width	23.6 in.
height	4.0 in.
weight	13 lbs.
power	120v, 300w, 2.5a
heaters	4



Standard 120V 15A Plug



ENHANCEMENTS & OPTIONS



Acoustic Resonance Therapy (A.R.T.)

This ground-breaking add-on technology is the heartbeat within your Sunlighten sauna. It uses sound waves to create a musical massage that harmonizes all the systems of the body, expediting the relaxation response to help you “melt” into your sauna.



Chromotherapy Lighting

Enjoy the healing benefits of color and light therapy in your Sunlighten sauna. *Now standard in all Sunlighten saunas.*



Pure Sweat Cream

Using Pure Sweat during a sauna session can substantially improve circulation, energy and sweating, activate slow to respond areas, and accelerate warm up and recovery time for a more effective sauna session or workout.



Sauna Bench Cushions & Covers

Our cushions and covers are custom-made for any Sunlighten sauna bench for the most comfortable sauna experience. Optional Bamboo Carbon fitted cover keeps cushions clean for each user.

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Bamboo Carbon Towels

Naturally anti-bacterial, anti-fungal and deodorizing, Bamboo Carbon is also highly absorbent and can actually re-emit 90% of infrared rays.



Multi-Use Backrests

Stand-up or lay flat to get the most comfort out of your sauna sessions. Available in cedar and basswood.



Natural Sauna Cleaners

Our natural cleaners are made specifically for use within your sauna. They are formulated from the latest and safest technologies available.



Water-Resistant Cover

For outdoor use, protect your sauna and keep your warranty intact.



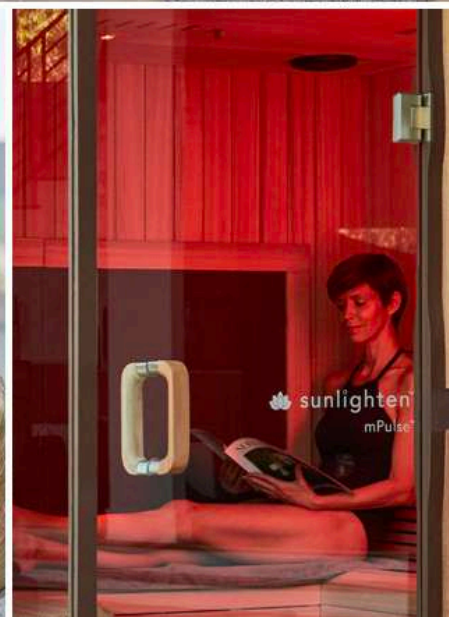
Corporate Headquarters in Overland Park, KS

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Our associates look forward to serving you!

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